

## Resources for Parents

<https://www.massmecfs.org/living-with-me-cfs/640-developmental-issues-in-adolescents-with-cfids-a-parent-s-thoughts>

How a parent can assist their teenager with developmental, school, and social issues that are complicated by the illness

<https://www.massmecfs.org/living-with-me-cfs/642-depression-and-a-success-story>

How one child with ME/CFS overcame her depression with the help of her parent, a counselor, and a love of animals.

<https://www.massmecfs.org/information-for-parents>

Tips for parents – Believe in your child. Advocate for your child, especially with their school. Have hope.

<https://www.massmecfs.org/information-for-parents?start=1>

Personal stories of adolescent ME/CFS – from a parents' perspectives

<https://www.massmecfs.org/information-for-parents?start=2>

Several articles for parents

<https://www.massmecfs.org/pediatric?start=3>

What about school?

<https://www.massmecfs.org/educational-rights>

Educational Rights